



Global Humanitarian Relief Foundation

Registered Charity no: 1158288



# GHRF ANNUAL SUMMARY REPORT 2018/2019

A small charity making a big difference!

POVERTY RELIEF | CLEAN DRINKING WATER | MEDICAL RELIEF | EDUCATION & SKILLS

THE GHRF team would like to thank you for supporting us to make difference to those who need help and support and invite you to read about some of our work in 2018 - 2019

# CHAIRPERSON'S MESSAGE

**Aslaamu'Alaiykum Warahmatullah Wabarakathu**

**Dear Brothers and Sisters**

This is the fourth year of operations for GHRF and I want to thank you for your continuous support to help the poor and needy.

I prepare this report to enable all to see where your donations are being used. I am of the firm belief that we are all accountable for our actions, to Allah, our donors and our beneficiaries. GHRF is open and transparent about the activities it engages in to ensure that all can have a detailed insight of where and how the funds collected are being applied.

Even in this difficult economic climate, especially with the uncertainties surrounding Brexit, we are ever so grateful and thankful to our donors who have been very generous and continue to remain committed in their giving to the various projects we are implementing.

The only beneficiaries of your donations are those from the poor communities in Pakistan, Palestine, Africa, E.U. and the U.K. Donations received are used with a view to help the Peoples from these Continents and Countries who are in need of it the most.

The total income for the financial year to 31.08.2018 was £145,712 (2017 - £82,498) (2016 - £85,671). From the figures, you will see that this is a substantial growth from previous years. We strive only to do better in the forthcoming years and we cannot do this without your continued support.

The charitable expenditure on projects for the financial year to 31.08.2018 was £134,313 (2017 - £86,512) (2016 - £76,098).

The costs of fundraising and administration for the financial year to 31.08.2018 was £6,895 (2017 - £6,103) (2016 - £6,464).

**GHRF, has continued with its various projects such as Provision of clean drinking water, Medical and health projects such as Cataract eye operations and the health clinic for poor women and children, support to schools and orphanages, Ramadan packs and Qurbani meat distribution to the poor and needy. For empowering women, GHRF, has been running sewing training courses and providing sewing machines to women to enable them to earn a livelihood.**

You will read more about these and other projects elsewhere in this Summary Report.

**On 28th October 2018, GHRF organized a fundraising event in response to Chief Justice of Supreme Court of Pakistan and the Prime Minister of Pakistan appeal for Diامر Basha Dam. It gives me great pleasure to inform all of you, that with your generous support £65,000 was deposited in the Dam's designated account with the State Bank of Pakistan.**

The majority of the donations are given by people of British Pakistani origin mainly in and around the area of Croydon (Greater London) and the M25 for projects in Pakistan.

Whether it is your financial contribution or your voluntary time we very much appreciate what you have done for GHRF. We could not have helped and supported the volume and numbers of people if it were not for your charitable donations and support.

The fundamental principles of Islam include that to give and help those who are less fortunate than ourselves and with the Grace of Allah this is what we have set out and strive to achieve. We could not have embarked on this journey without your support, words of encouragement and duas. Every little bit helps, no matter how small. Please remember that you have helped us achieve what we have so far today. Collectively we are stronger. As a group of united individuals with the same goals, we can offer more to those who are in need the most and we can offer them a voice, a platform, a channel to seek help and for assistance. Please continue to help us promote our cause in reaching those who need it most.

On behalf of the board of Trustees once again, I want to thank you for your support to GHRF in implementing its projects and I hope that you will continue to support us for the foreseeable future.

**Finally, I would like to thank my fellow trustees and all volunteers who have worked with dedication and commitment in supporting GHRF's goals.**

With every good wish and intention.

**Yours sincerely  
TAHIR BEGG  
Chairman, Board of Trustees (GHRF)  
27th March 2019**

## OVERVIEW

Global Humanitarian Relief Foundation, a UK based charity (UK Charity no. 1158288) was established in 2014. It aims to work across Africa, Asia, Middle East, Europe and wherever there is a need to help the poor and the needy regardless of their race, religion, gender, nationality or political opinion. Our emphasis, so far, has been on Pakistan, India, Kenya, Palestine, Greece and in the UK.



## MISSION STATEMENT

**Our Mission is the prevention and relief of poverty, advancement of education, health and relief to those in need anywhere in the world.**

## VISION

Our Vision is a world where all human beings live a life free from poverty and deprivation with dignity. To minimise project costs, we also work in partnership with carefully vetted local NGOs on some of the projects. In many cases these NGOs also contribute towards the costs. This way, our donor's money is utilised to its maximum. During the year, we have worked with a number of partners including Kawish Welfare Trust, Al-Ehsan Hospital and Nazir Educational Trust in Pakistan, Kursheed Model High School for Girls in Pakistan, Ummah Foundation in Kenya and Sawaed Association for Relief and Development in Gaza, Palestine and Kitrinis Healthcare in Greece.

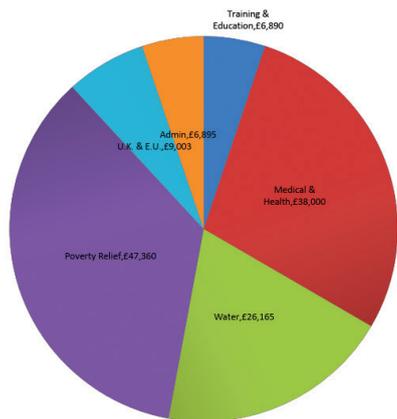
Throughout 2018 and thus far in 2019 we have continued focusing on our core activities:

- Food and poverty relief
- Provision of clean water
- Health and medical care
- Education and skills training

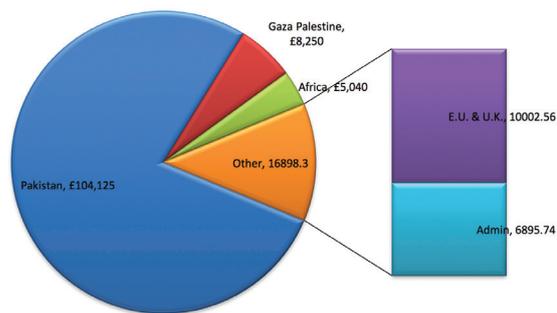
# 2018 SUMMARY

TOTAL INCOME: £145,712  
 TOTAL EXPENDITURE: £134,313

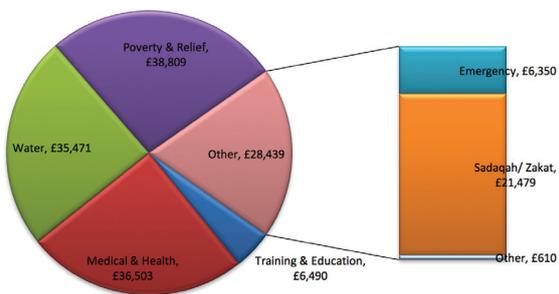
GHRF EXPENDITURE SUMMARY PROJECTS  
 YEAR ENDED 31.08.2018



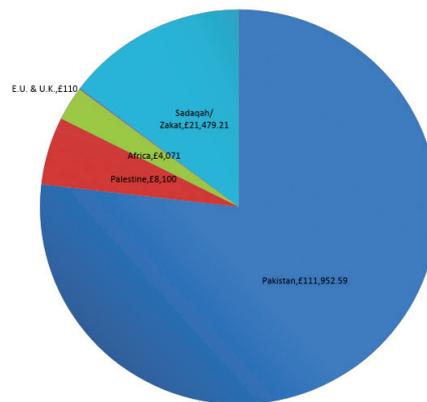
GHRF EXPENDITURE COUNTRY SUMMARY  
 YEAR END 31.08.2018



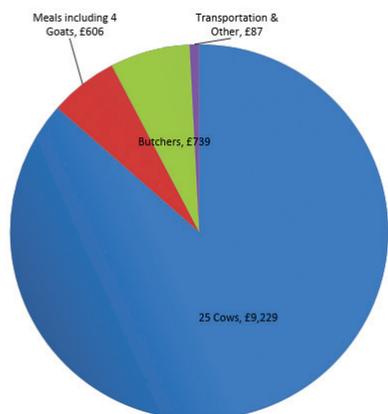
GHRF INCOME COUNTY SUMMARY  
 YEAR ENDED 31.08.2018



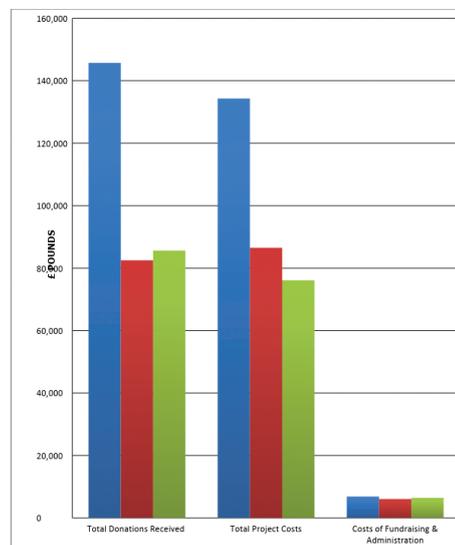
GHRF INCOME COUNTRY SUMMARY  
 YEAR ENDED 31.08.2018



QURBANI PROJECT – PAKISTAN AUGUST 2018  
 TOTAL PROJECT COST £10,661



THREE YEAR SUMMARY OF INCOME & EXPENDITURE 01.09. 2016 TO 31.08.2018



# OUR PROJECTS

## CLEAN DRINKING WATER

### PAKISTAN

According to a recent study entitled “The Water Gap — The State of the World’s Water 2018” by WaterAid released recently to mark World Water Day, Pakistan is one of the top 10 countries with the lowest access to clean water.

According to the report, some 844 million people globally are struggling to access life’s most essential requirement and at least 60% of the people live in water stress areas. Pakistan ranks 9 in the list of top 10 countries with lowest access to clean water where 21 million out of the total population of 207 million do not have access to clean water.

However, it is also one of the most-improved countries for reaching more people with safe water by numbers, the report revealed. Pakistan has provided clean water access to 44 million people since 2000, yet one in five people living in poverty do not have access to clean water. The geography of Pakistan varies greatly, ranging from arid deserts to remote regions. This makes accessing clean water extremely difficult for many

GHRF is working in the selected areas in the Provinces of Sindh and Punjab for the provision of clean drinking water for several communities which include schools and mosques, remote villages and small townships: thus benefiting a range of population.

Thus far we have installed:

- Four hundred hand pumps in districts of Punjab - Bahawalnager, Gujranwala and Sialkot.
- Three waters wells in Karachi.
- Twenty seven wells benefiting 15,600 in Tharparker - a remote poverty stricken desert region of Sindh.

### AFRICA

Based on the latest United Nations estimate, as at end March 2019, the current population of Kenya is 51.87 million. 41% of Kenyans still rely on unimproved water sources, such as ponds, shallow wells and rivers, while 59 % of Kenyans use unimproved sanitation solutions. These challenges are especially evident in the rural areas and the urban slums.



The crippling cycle of poverty and the lack of access to clean water, for women, collecting water is a major activity each day. They walk to the local community tap and then spend hours in line waiting to fill their containers. Children, mostly girls are forced to leave school to spend their time collecting water, their future choices narrowing with every bucket filled.

GHRF has been working in Kenya and Somalia; also a country with similar water crises and has been providing facilities such as hand pumps, deep bore water wells and a water sanitation plant in Nairobi.

### GAZA

Palestinians in Gaza remember a time when almost everyone could drink clean water from the tap, according to OXFAM International. Now less than 4% of clean water is drinkable and the surrounding sea is polluted with sewage. Yet, the international community is failing to do enough to protect the health and dignity of almost 2 million people who have nowhere to go; the report said.

Our largest water project was for the people of Gaza and has taken two years and £12,000 to complete.

**“The best form of charity is giving water (to drink)” - (narrated by Ibn Majah)**

**POVERTY RELIEF**



**“Whoever feeds a fasting person will have a reward like that of the fasting person without any reduction in his reward”  
- (Tirmidhi)**

Globally, extreme poverty has rapidly declined. New poverty estimates by the World Bank suggest that the number of extremely poor people—those who live on \$1.90 a day or less—has fallen from 1.9 billion in 1990 to about 736 million in 2015.

Poverty in Pakistan has fallen dramatically, as of 2017, the Asian Development Bank reports that there are approximately 210 million people living in Pakistan. In 2011, 12.4% of Pakistanis lived below in Pakistan’s definition of poverty. Statistics vary due to the definition of poverty however. According to the World Bank, poverty in Pakistan fell from 64.3% in 2002 to 29.5% in 2014. Pakistan has made substantial progress in reducing poverty giving it the second lowest headcount poverty rate in South Asia.

**FOOD RELIEF**

Poverty means lack of disposable income which generates little or less ability to feed. GHRF Ramadan Food Packs provide support to carefully selected poor families and the orphans to satisfy their urgent need for basic items during the Holy month of Ramadan. The packs include staple food items such as flour, rice, lentils, cooking oil / ghee, tea, sugar and salt.

During Ramadan last year, GHRF distributed 675 food packs in Pakistan, through our Local partners

Sawaed, a Palestinian NGO, 74 food packs in Gaza and 38 food packs in Kenya through Ummah Foundation.

The cost of Ramadan packs for 2019 (1440) are as follows.

Pakistan.....	£30
Kenya .....	£35
Gaza .....	£50
UK.....	£50

This Ramadan, GHRF aim to help even more people and hope that you will give generously making a huge difference to the lives of many poor families.

**QURBANI**

In Islam, the sacrifice of an animal is Wajib (compulsory) for those who can afford. Eid ul Adha and Qurbani provides poor to eat meat. In some parts of poor counties families wait for this occasion as sadly, it is the only time of the year when some of them can eat meat.

GHRF has carried out Qurbani in Pakistan, Kenya, Gaza and in Greece (for Syrian war displaced). Last year, 750 meat packs in Pakistan. 110 meat packs in Kenya and 100 in Gaza were distributed among the poor, widows and orphans.

## MEDICAL AND HEALTH

Pakistan's health care delivery system includes both state and non-state; and profit and not for profit service provision. Studies have shown that Pakistan's private sector healthcare system is outperforming public sector healthcare system in terms of service quality and patient satisfaction. It is estimated that the private sector accounts for up to 80% of outpatient's health care. The non - government organizations (NGOs) play an important role in delivering health care in Pakistan.

GHRF is working in Pakistan with carefully vetted NGOs for its medical services delivery in the country.

### CATARACT

There are 4.5 million visually impaired people in Pakistan with approximately 800,000 of them suffering from cataract, a major cause for blindness, according to a recent survey reported by Dawn Newspaper on 30th March 2019.

Cataract is the clouding of the eye lenses mostly relating to the old age and diabetes. The blindness can almost be cured immediately by a simple surgery inserting intraocular lenses in the eye.

GHRF has been working along with its local partners Kawish Welfare Trust and Al-Ehsan Eye Hospital in Lahore. Since GHRF started, until the end of February 2019, over 11,499 cataract operations have been successfully carried out.

### MEDICAL CLINIC

GHRF has funded a clinic near Lahore which became operational in March 2016. The clinic has been specially set up for poor women and children. As at the end of February 2019, a total of 22,933 patients were in receipt of medical care at this Clinic. An additional 1,972 patients have been tested with Ultra-sound technology. The Clinic employs four staff who are all women.

### OTHER

- GHRF has given £2,500 towards purchasing 200 recycled wheelchairs during Ramadan 2018 for people affected due to bombing in Gaza.
- GHRF contributed £500 to save the leg of a small orphan boy in Uganda. The boy developed an infection in one leg and to save it, this money was paid towards the orthopaedic surgeon fee to operate. The boy's leg was saved and he can now walk.

A small act making huge impact in this orphan boy's life.

The total spent on medical and health for the financial year to 31.08.2018 was £38,000 (2017 - £21,400) (2016 - £14,000).



## EDUCATION AND TRAINING

### EDUCATION

As part of GHRF commitment to educational projects, during the year we supported various schools with vocational training, welfare and educational facilities in Pakistan, Kenya and within the UK. In total £6,890 (2017-£10,490) (2016-£3,360) was spent.

- An ongoing project of providing daily healthy refreshments for 120 disadvantaged girls in Khursheed Model High School for Girls in Bedia, Lahore, at a monthly cost of £250. The project is being sponsored by one single donor.
- £2,000 for school fees and other educational needs to 'Abidoon' a charity running a girls orphanage in Mombasa, Kenya.
- £360 paid towards 'Safety books' project to Norbury Manor School in Norbury, south London.
- £1400 given to Date Valley School Trust, Mitcham, south London to purchase equipment for the science laboratory.



## A YOUNG NATION IN NEED OF EDUCATION

Pakistan is home to tens of millions of children, with about one-quarter of the country's current population believed to be under the age of 16. In fact, one in ten school-aged children worldwide are Pakistani. Yet as of 2016, 25 million Pakistani children are out of school – meaning 47% of school-aged children are not receiving an education. This lack of schooling and vocational training puts nearly half the future adult population of Pakistan at a severe disadvantage for improving their circumstances, pursuing a career, or increasing their income, all of which lead to missed opportunities for the nation as a whole.

To make matters worse, historic and current gender-disparate educational issues exist, especially in some of Pakistan's more rural

provinces. Nationwide, 55% of out-of-school children are girls. Where boys' top-cited reason for a lack of attendance is an unwillingness to attend, the most common cause of girls who do not attend school is parents who do not allow their daughters to study.

Largely, however, that gender disparity does not match the values of the Pakistani people. 86% of Pakistanis believe education is just as important for girls as it is for boys, and an addition 5% believe it is of even greater importance for girls. Those are encouraging statistics in a country where female literacy rates still trail double-digit percentage points behind their male counterparts. GHRF are working with partners to support access to education for children in poverty stricken areas.



## **VOCATIONAL TRAINING**

*Empowering Women in Pakistan*

There are many women in Pakistan who are in desolate circumstances for a great number of reasons and thus left vulnerable, destitute in poverty and left to support themselves and /or their families. Their struggles are unimaginable.

GHRF recognise this and wanted them to be able to support and manage themselves and their families, and started a project to help them and introduced sewing courses and training effective enough as a means for supporting themselves. These training courses run for a year and ensure that following completion of the course, these women are competent seamstresses. As an incentive and to get them started; they all receive a sewing machine with the intention that they are able to earn a living and to be able to keep and maintain their loved ones. To date, 131 sewing machines have been donated.

GHRF has now started a stitching centre for women to earn a respectable livelihood and improve the economic conditions of their families.



**DIAMER-BHASHA DAM**

According to the United Nations Development Programme (UNDP) and the Pakistan Council of Research in Water Resources (PCRWR), Pakistan touched the “water stress line in 1990” and crossed the “water scarcity line in 2005”. In January 2006, the Government of Pakistan announced the decision to construct 5 multi-purpose storage dams in the country during the next 10–12 years. According to the plan, the Diامر-Bhasha Dam was proposed to be built in the first phase.

Water availability per capita in Pakistan has depleted to an alarming level and there is little time left to deal with this massive crisis as it approaches. The fear is that the country would reach the “absolute water scarcity line by 2025”.

While hearing a suo moto case of a report prepared by the PCRWR on water scarcity in the country, the Supreme Court of Pakistan was told that no new dam had been built in the country for 48 years. The Honorable Chief Justice of the Supreme Court, Mian Saqib Nisar was alarmed by the water crises the country faced. He suggested that the Diامر-Bhasha dam and Mohmand dam should be constructed immediately to avert water scarcity.

“Diامر-Bhasha and Mohmand Dam Fund – 2018” was opened in July 2018 to generate funds from the people of Pakistan for the construction of the two dams. The Chief Justice initiated the drive by depositing 1 million Pakistani rupees (\$8,120) personally and appealed to the nation for crowd funding and started a worldwide donation drive for the construction of the two dams.

The then newly elected Prime Minister of Pakistan, Imran Khan, appreciated the Chief Justice’s initiative and took control of the fund.

“If every overseas Pakistani donates \$1,000, we will have enough to build the dams ourselves,” the Prime Minister announced in September 2018. He urged overseas Pakistanis to contribute generously especially the one who were living in Europe and the USA.

Responding to these appeals, in October 2018, GHRF arranged a fund raising event for the construction of the dam and with your generous donations, raised £65,000. This money has been deposited in the Dams account with the State Bank of Pakistan.

**GHRF would like to say a BIG THANK YOU to all those who made that event a HUGE success.**

On 5th April 2019, the total in Dam fund with the State Bank of Pakistan was Rs.10, 206,561,031 (Ten billion two hundred and six million five hundred and sixty-one thousand and thirty-one rupees).



**The main purpose of the dam is water storage, irrigation and generation of electricity**

- Store huge water for Pakistan’s next generation.
- Reduction of dependence on environmentally damaging thermal power
- Production of 4,500 megawatts of electricity by harnessing the water.
- Storage of an extra 8,500,000 acre feet (10.5 km<sup>3</sup>) of water to be used for irrigation and drinking
- Extend the life of Tarbela Dam located downstream by 35 years
- Control flood damage by the River Indus downstream during high floods
- Availability of about 6,400,000 acre feet (7.9 km<sup>3</sup>) annual surface face water storage for supplementing irrigation supplies during low flow periods
- Short and long term employment opportunities, particularly to locals, during the construction (15,000 jobs) and operational phase
- Creation of massive infrastructure leading to overall socio-economic uplift of the area and standard of living of people
- Estimated cost US\$ 17 Billion plus US\$ 7 Billion for Power generation.



Global Humanitarian Relief Foundation  
Serving Humanity Globally  
UK Charity No. 1158288

[www.ghrf.org.uk](http://www.ghrf.org.uk)

## Women Sewing Project



Donate Online

[www.ghrf.org.uk](http://www.ghrf.org.uk)



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[www.ghrf.org.uk](http://www.ghrf.org.uk)



## Ramadhan Food Packs

Donate Online

[www.ghrf.org.uk](http://www.ghrf.org.uk)



## OUR FUTURE PROJECTS

GHRF with its donors support will continue with its current work with the following new projects:

- Ramadhan food packs Pakistan and Gaza 2019
- Water wells in Gaza and Pakistan
- Cataract operations in Pakistan
- Qurbani 2019
- Partnership working in the UK - including SWAN foodbank and MAC Soup Kitchen
- Education support & Training
- Islamic Micro finance

## Make Donation

“Those who (in charity) spend of their goods by night and by day, in secret and in public, have their reward with their Lord: on them shall be no fear, nor shall they grieve.”

Surah Al-Baqrah :: Verse 2:274



A very special  
**Heartfelt Thank You**  
**and JazakAllah Khairan**  
**Global Humanitarian Relief Foundation**  
 for donating £2500 to disabled people in need.

*Ramadan 2018 (1439)*



**wheelstoheal**



THE GHRF trustees THANK YOU for your generous donations throughout the year without which none of its work had been possible and look forward to your continuous generous support in future.

GHRF accepts donations as follows: \*Cash  
 \* Cheques \*Bank standing orders \*Online

Bank details:  
 Account name: GHRF  
 Bank: Barclays  
 Sort code: 20 – 94 – 67  
 Account number: 33950786  
 All payments are banked and acknowledged.

**GHRF TEAM:** Tahir Begg – Chairperson; Aslam Rabbani - Vice chair; Hanif Ismail; Ashtaq Arain; Misba Mansoor; Saiqa Ali ; Tamkin Riaz - PR consultant



Global Humanitarian Relief Foundation

GLOBAL HUMANITARIAN RELIEF FOUNDATION (GHRF)

24 Church Road, Crystal Palace, London SE19 2ET

Website: [www.ghrf.org.uk](http://www.ghrf.org.uk)

Tel: +44 7813146816



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